

The Triumvirate: Board, Administration, and Physicians

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Rural Health Care Leadership Conference

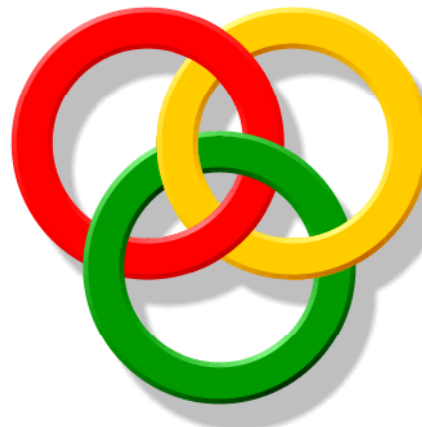
Phoenix, Arizona
January 31, 2011



The Mighty Three – Roles

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- **Board**
 - **Strategy**
- **Administration**
 - **Operations**
- **Clinicians**
 - **Health Care**



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Why Nonprofit Boards Exist

Required by law

- To act on behalf of the public
- To receive no financial gain
- To provide prudent oversight



“To ensure that organizations uphold the “public trust” in their charitable purpose and remain worthy of the significant tax benefits.

Source: Linnel, Radosevich, Spack. *Executive Directors Guide: The Guide for Successful Nonprofit Management*. United Way of Massachusetts Bay.



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High-Achieving Boards

- Clear direction and sound oversight
- Objective and transparent performance data
- Quality ownership
- CEO accountability
- Conversations about failure
- Board education goals
- Resources for improvement



Source: Institute of Healthcare Improvement. Getting Started Kit: Governance Leadership. 12/12/2006



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Board of Directors – Job Description

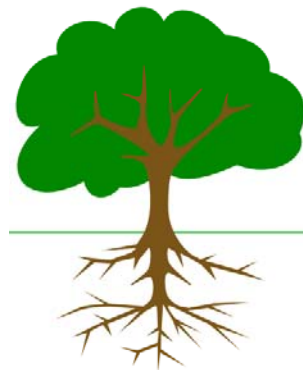
- Set strategic direction; establish the mission, vision and strategy
- Assure effective management
- Build will
- Attend relentlessly to execution
- Achieve quality goals**
- Ensure access to ideas
- Represent community interests



Sources: Roberts CC, Connors EJ. Core responsibilities of board trustees. Journal of Healthcare Management. 1998b;43(2):111. Institute of Healthcare Improvement. Getting Started Kit: Governance Leadership. 12/12/2006.

Hospital Boards – Culture

- Ensure health care safety/quality is a *strategic* priority
- Establish policies of transparency
- Develop blame-free environment
- Establish aims for patient safety and quality improvement
- Nurture interdisciplinary and inter-departmental teams
- Expect CEO “Chief Quality Champion”



Hospital Boards – Governance

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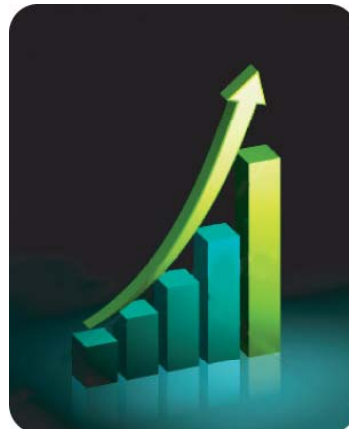
- ❑ Bring physicians and quality leaders to the Board
- ❑ Establish an interdisciplinary Board Quality Committee
- ❑ Appoint a Performance Improvement Officer (PIO)
- ❑ Mandate 25% of all Board meetings devoted to quality
- ❑ Allocate resources for ongoing quality improvement training



Hospital Boards – Performance

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- ❑ Align financial/quality resources
- ❑ Explore performance gaps in strategic operations
- ❑ Foster evidence-based clinical protocols
- ❑ Reward CEO, employees, and physician champions for quality
- ❑ Demand dashboard reports on quality targets and outcomes



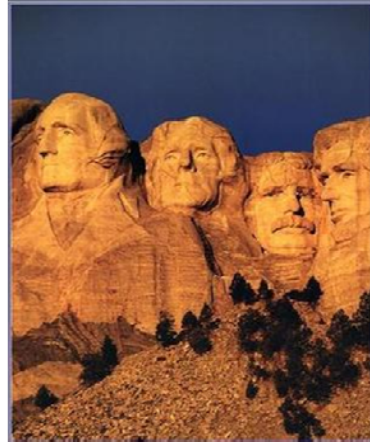
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Stroudwater Hospital Balanced Scorecard Board Report Fourth Quarter (Oct-Dec 2007) and Prior Quarter (Jul-Sep 2007)							9
Finance	Prior	Current	Trend	Target	Frequency	Trend (Target)	
Cost per Adjusted Patient Day Average hospital cost of a patient day where all patient services (IP and OP) are converted to patient day denominators	\$1,867	\$1,777	▼	\$950	Monthly		
Net revenue increase Measures the percentage growth in Net Patient Revenue for a given period compared to the same period in the prior year	2.8%	7.0%	▲	4.0%	Monthly		
Operating profit margin Surplus (deficit) of operating revenues compared to operating expenses	7.9%	7.6%	▼	3.0%	Monthly		
Actual Expenses vs. Budgeted Expenses Measures the percentage of actual to budgeted expenses	NA	NA	▶	100%	Monthly		
Clinical and Business Processes	Prior	Current	Trend	Target	Frequency	Trend (Target)	
AMI Topic (All or None) Measures the percentage of patients meeting all eligible measures for the Acute Myocardial Infarction (AMI) topic area	100%	89%	▼	95%	Quarterly		
CHF Topic (All or None) Measures the percentage of patients meeting all eligible measures for the Congestive Heart Failure (CHF) area	50%	100%	▲	95%	Quarterly		
PN Topic (All or None) Measures the percentage of patients meeting all eligible measures for the Pneumonia (PN) topic area	75%	100%	▲	95%	Quarterly		
SCIP Topic (All or None) Measures the percentage of patients meeting all eligible measures for the Surgical Care Improvement Project (SCIP) topic area	80%	85%	▲	95%	Quarterly		
Medication error rate Number of reported medication errors per 1,000 doses dispensed	0.3	0.3	▶	4.0	Monthly		
Hand Hygiene Measures the percentage of providers who washed hands or used gel	NA	NA	▶	100%	Monthly		
Healthcare Associated Infection Rate Measures the rate of healthcare associated infections per 1,000 patient days	NA	NA	▶	1.5	Monthly		
Days in Gross Accounts Receivable Measures the rate of speed with which the hospital is paid for health care services	61	59	▼	NA	Monthly		
Physician engagement index Index of three questions on the biannual medical staff survey dealing with hospital effectiveness	NA	NA	▶	75%	Biannually		

Stroudwater Hospital Balanced Scorecard Board Report Fourth Quarter (Oct-Dec 2007) and Prior Quarter (Jul-Sep 2007)							10
Learning and Growth	Prior	Current	Trend	Target	Frequency	Trend (Target)	
Blame free medical error reporting policy Measures medical staff and clinical staff respondent willingness to report medical errors, as indicated in biannual staff surveys	41%	41%	▶	65%	Biannually		
Training Expense per FTE Dollar amount of external staff training investment in per FTE	\$14	\$12	▼	\$35	Monthly		
Staff engagement index Index of three questions on the biannual staff and clinical staff surveys dealing with teamwork and contributions	52%	52%	▶	75%	Biannually		
Staff loyalty index Index of three questions on the biannual staff and clinical staff surveys dealing with willingness to recommend	60%	60%	▶	75%	Biannually		
Balanced Scorecard Education Measures the level of understanding of Balanced Scorecard principles among clinical and non-clinical staff	33%	33%	▶	90%	Biannually		
Turnover: Nursing staff Percentage of nurses separated from the hospital for any reason (includes RN, LPNs and nursing aides)	2.4%	1.6%	▼	3.0%	Monthly		
Community and Providers	Prior	Current	Trend	Target	Frequency	Trend (Target)	
Patient satisfaction index Measures the satisfaction of patient respondents (ED, OP and IP)	84%	85%	▲	85%	Quarterly		
Physician loyalty index Index of three questions on the biannual medical staff survey related to satisfaction with nursing staff, and willingness to recommend this facility	NA	NA	▶	75%	Biannually		
Patient access Measures patient respondent (ED and IP) perception of access to hospital services	81%	87%	▲	85%	Quarterly		
Patient "Courtesy and respect" Measures patient respondent (ED, OP and IP) perception of staff and clinical staff courtesy and respect	93%	93%	▶	85%	Quarterly		
Patient engagement index Measures the engagement of patient respondents (ED, OP and IP)	89%	89%	▶	85%	Quarterly		
Time to treating provider Measures the speed with which the patient receives care from the treating provider/physician in the Emergency Department	45.6	NA	▶	16.0	Monthly		

Leadership Roles

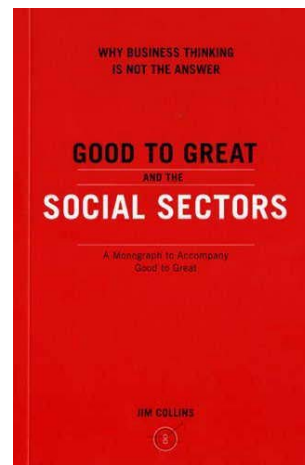
- Attend to culture
- Allocate resources
- Set policy
- Hire the best
- Establish accountabilities
- Begin with behaviors
- Be comfortable with paradox
- Persevere!



Jim Collins' Insight

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- ~~How much money do we make per dollar of invested capital?~~
- How effectively do we deliver on our mission and make a distinctive impact, relative to our resources?
- In the social sectors, money is *only* an input, and not a measure of greatness.



Walk the Mission Talk

- Assess Mission alignment with operations, budget, and the 3 Rs
 - How do day-to-day operations support the Mission?
 - How does the budget prioritize the Mission?
 - How many staff and Board meetings are devoted to Mission?
 - How are employees reinforced, recognized, and rewarded for living the Mission?

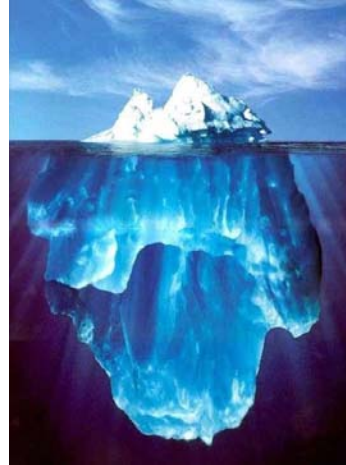


Cornerstones of Success



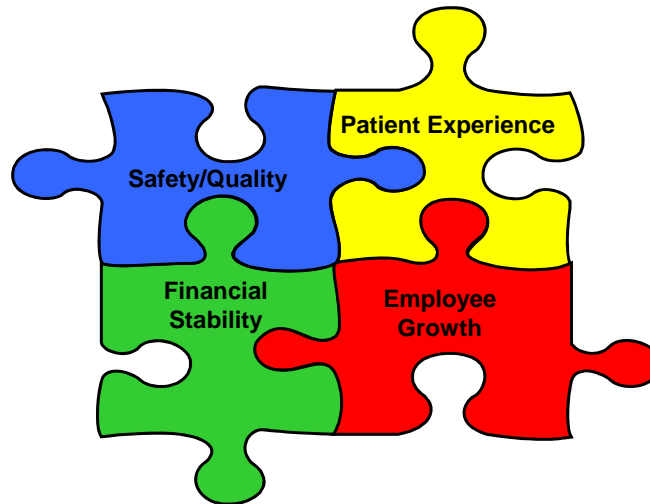
Culture

- Culture is a hidden yet unifying theme that provides meaning, direction, and mobilization.
- Culture is the residue of success.
- **What we believe;
what we do.**



Sources: Kilman, Sexton, Serpa, 1985 and Edgar Schein, 1999

Beyond Healthcare Safety and Quality




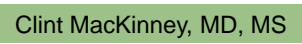

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Inseparable Priorities

Efficiency without Quality
Unthinkable

Quality without Efficiency
Unsustainable

Source: Roland A. Grieb,
Health Care Excel and Premier, Inc.

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Healthcare is Not Linear

- ~~“No margin, No mission”~~
- **“Balance”** will be the success strategy
 - Healthcare safety/quality
 - Financial stability
 - Patient experience
 - Employee growth
- It’s never about either/or; it’s always about **and/both**

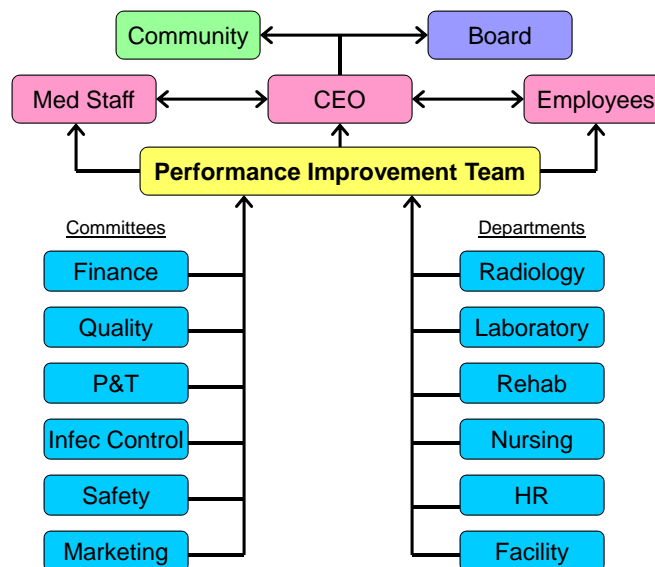


Change Agency

*The pursuit of excellence
through continuous
performance improvement*

- Begins with **leadership**
(But leaders could use a hand)
 - Training
 - Governance
 - Organization
 - Measurement



Performance Measurement Culture

“While almost every other industry critical to the American economy has undergone some form of systematic, data-supported, quality-improvement process, healthcare is woefully behind the curve.”

George Halverson

- We attend to what we measure
- Measurement should be “**balanced**”
- Measurement requires translation
- Measurement *value* versus *effort*

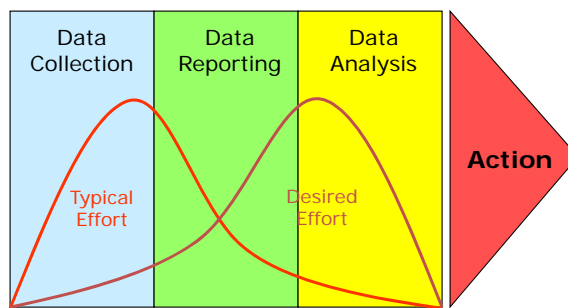


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Performance Measurement ROI



Source: Greg Wolf, PMI Healthcare



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10 Keys to Successful Transformation

1. Define a vision
2. Develop a communication plan
3. Visibly champion
4. Build internal skills
5. Seek early, measureable wins
6. Take a balanced, holistic approach
7. Reach out and learn from others
8. Establish alignment/accountability
9. Create monitoring mechanism
10. Recognize, reward, and celebrate



Source: GE Healthcare. *Establishing a Framework for Organizational Transformation in Healthcare*. 2007.

Strained Relationships

CEO Quotes

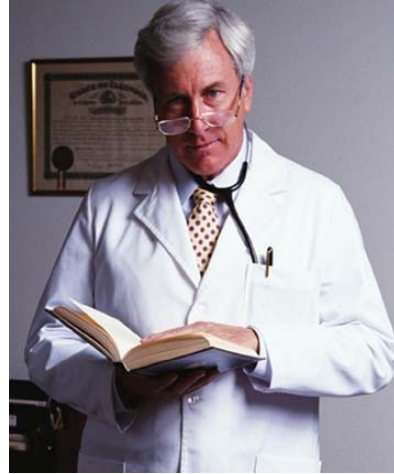
- This job would be a helluva lot easier if it weren't for those damn physicians.
- They've got pediatric personalities!
- I'm going to drive that SOB out of town.
- The medical staff meeting will be held at the local hotel – we don't want blood on our conference room walls.

or

- **I'm blessed by my physicians.**

Rural Physician Allies

- Clinically competent and experienced
- Valued member of the community
- High revenue producer
- Resistant to change?



Why bother?

- Provide most medical care
- Deliver intrinsic value
- Knowledgeable and influential
- Powerful potential ally
- Apathy or antagonism will undermine best plans
- Without them, hospitals are expensive hotels



The Making of a Physician

- Personal commitment
- 11+ years training
- Delayed gratification
- The Socialization
- The Transformation
- Consequent behaviors



Never the Twain Shall Meet?



Physician

Doer
Solution-oriented
1:1 interaction
Always "on"
Decision-maker
Autonomous
Patient advocate
Professional ID
Immediate gratification

CEO

Planner/designer
Process-oriented
1:N interaction
Some down-time
Delegator
Collaborative
Organization advocate
Organizational ID
Delayed gratification

Source: Adapted from "The Dual Role Dilemma," by Michael E. Kurtz, MS

Yesterday's Promises

- Autonomy
- Protection
- Control



Adapted from: Silversin, J. *Leading Physicians Through Change: How to Achieve and Sustain Results*. American College of Physician Executives. 2000.



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Today's Imperatives

- Patient safety
- Quality improvement
- Patient satisfaction
- Cost reduction
- Electronic health records
- Physician recruitment
- Team work
- Community health



Adapted from: Silversin, J. *Leading Physicians Through Change: How to Achieve and Sustain Results*. American College of Physician Executives. 2000.



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The Disconnect

- Autonomy
- Protection
- Control



- Patient safety
- Quality improvement
- Patient satisfaction
- Cost reduction
- Electronic health records
- Physician recruitment
- Teamwork
- Community health

Adapted from: Silversin, J. *Leading Physicians Through Change: How to Achieve and Sustain Results*. American College of Physician Executives. 2000.

Differing Views Lead to Mistrust

CEO view

I'm concerned about quality of care;
docs are only concerned about their income

Physician view

I'm concerned about quality of care;
CEOs are only concerned about money

No shared vision!

Source: The Advisory Board Company. Physician Survey. Washington, DC. 1999

The Consequences of Mistrust

- Physicians set up office labs and x-ray
- Hospitals set up urgent care centers
- Mistrust = competition
- Duplication = ↑ costs
- ↓ community confidence
- ↑ patient outmigration



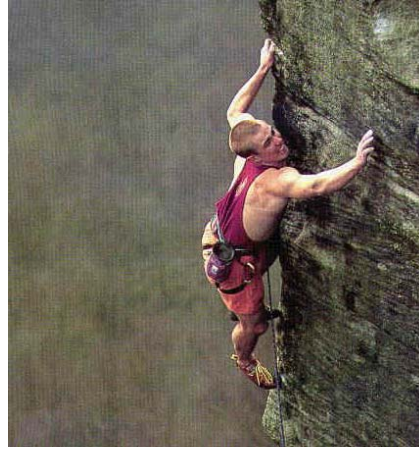
A Critical Priority

The hospital CEO's most important job is developing and nurturing good medical staff relationships.

Source: Personal conversation with John Sheehan, CPA, MBA

Our Challenge List

- Differing personalities
- Absent shared vision
- Collaboration unnecessary
- Cottage industry obstacles
- Physicians not invited
- Physicians' agendas
- Hospital Boards
- Competition



From Competition to Collaboration

- Develop a philosophy of mutual benefit / shared vision
- Keep the hidden agenda out
- Solicit meaningful physician input early and often, and then act on it
- Engage physicians in balancing business and patient priorities



Source: LeTourneau, B. From Co-opetition to Collaboration. *Journal of Healthcare Management*. 49:3. May/June 2004.

From Competition to Collaboration

- Identify, mentor, and educate physician leaders
- Invest in physician leaders
- Reward physicians in ways they value
- Get to know physicians on a personal level



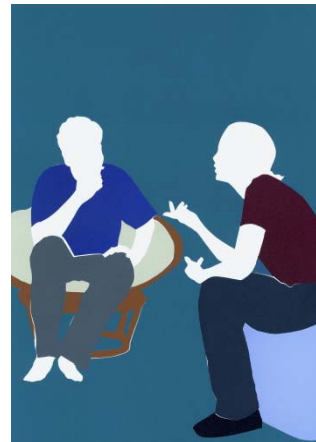
Source: LeTourneau, B. From Co-opetition to Collaboration.
Journal of Healthcare Management. 49:3. May/June 2004.

Getting to Collaboration – Communication

During times of change, leaders should triple their efforts at communication

Peter Drucker

- Ask how, when, and where
- Multiple media, multiple times
- Get out and about (MBWA)
- Focus on interest, not position
- Orient discussion to patient, solution, and scientific method



Getting to Collaboration – Meetings

- Invite physician input early
- Involve physicians in strategic and capital planning
- Schedule meetings and select venues appropriately
- Present actionable information, not data
- Delineate next steps
- Always follow-up as promised



Getting to Collaboration – Mutual Interest

- Attend a leadership conference together
- Meet regularly one-on-one
- Develop social connections
- Set realistic goals together
- Go for early wins
- Celebrate!**



Strategy for Success

- ❑ Find the shared vision
- ❑ Acknowledge our absolute interdependence
- ❑ Engage physicians...
 - with patient outcomes
 - by making their lives easier
 - in shared success



Engage Physicians!

Physicians can be astonishing allies

Starts and ends with **relationships** built on **trust**

- Trust – engages the mind
- Truth – engages the heart
- Teamwork – realizes the vision

